



Anastasia Polychronidou

Andrew Stuck is with Greek dramaturg, **Anastasia Polychronidou**, at the Walking Art Encounter in Prespes, in western Macedonia and they are trying to keep out of the sun. There is not a lot of shade, but they've discovered that if they walk in a circuit around the local chapel, at least two of the sides of the building offer them a little respite from the extreme heat.

"The Shared and the Personal", Anastasia's recent work focuses on the socio-political aspects of performance, particularly for women artists, in public spaces in her native city of Thessaloniki. The interview opens with Andrew asking her, about what has brought her to Prespes. 21'54" 10.3MB

Notes from the podcast interview by **Andrew Stuck**: Recorded in Prespes, Western Macedonia in Greece in July 2023 and published in May 2024. <http://www.talkingwalking.net>

Anastasia Polychronidou's entry on the walk · listen · create website: https://walklistencreate.org/author/anastasia_pol/

Walking Art Encounter, at Prespes, in Western Macedonia: <https://icowaf.eetf.uowm.gr/> is organised and curated by Yannis Ziogas and Geert Vermeire - listen to our Talking Walking interview with each of them here:

Yannis Ziogas: <https://www.talkingwalking.net/yannis-ziogas-talking-walking/>

Geert Vermeire: <https://www.talkingwalking.net/geert-vermeire-talking-walking/>

The Shared and The Personal: https://www.linkedin.com/posts/anastasia-polychronidou-6a476b203_buildingconnections-research-participatory-activity-7002002679010865152-RSMG

Previous workshops:

1. **The Body_Public** was presented at Prespes in 2021: https://walklistencreate.org/walkingevent/the-body_public/
2. **||| Space** (Third Space- a peripatetic participatory performance), Duncan Dance Research Center, Athens, 2022 <https://www.roots-routes.org/stepping-with-care-by-anastasia-polychronidou/>
3. **Walking attendance**, Artistic Connective Practices, Fontys Academy of the Arts, Tilburg, Netherlands, 2022 https://www.researchcatalogue.net/view/1953710/2599161?fbclid=IwZXh0bgNhZW0CMTEAAR2VZDwpNpJqavUu9nOFri5_qS4qfCQQRyAuiv4YOK7cNKcj4sZI4Czy1JU_aem_AenECzjuX4DHRyGw78jn2tEmt3P8LYwfE8vau_PLzoQX5r9RfG-w1TJ7ZT_CrtX_WXApzN0EZkOi9Z8ol4dehI6

Anastasia studied at the Aristotle University of Thessaloniki at the School of Drama: <https://www.thea.auth.gr/en/the-school-of-drama/>

and at the University of Utrecht in a Master in Contemporary Theatre, Dance, and Dramaturgy: <https://www.uu.nl/en/masters/contemporary-theatre-dance-and-dramaturgy#:~:text=In%20this%20Master's%20programme%20we,and%20new%20modes%20of%20storytelling.>

Dramaturgy: <https://en.wikipedia.org/wiki/Dramaturgy>

In the UK: Cat calling as a Sexual offence: <https://www.bbc.co.uk/news/uk-politics-65065154>

Anastasia recommends two walks:

1. Take a repetitive walk
2. Walk in a group and leave a socio-political gesture in public space